

## Are human energy centers the source of virtue and sin?



"Good" and "evil" are the central representations of moral consciousness. It is through the prism of these concepts that human actions are evaluated. Good and evil, like twin brothers, cannot exist without each other. If there were no evil, man would never know what good is, and vice versa. We can say that good and evil are the scales on which our lives are measured.

However, good is an expression of the highest good, whereas evil is something that could not find its place in cosmic harmony. Thus, evil can never be compared to good, since it does not possess eternity, strength and power like good. It's just an unmanifested state of being. Therefore, it is more accurate to say that good and evil are not two entities of equal strength fighting each other, but rather two manifestations of the same energy field that simply flow smoothly into each other.

The ratio of this proportion can be observed using the example of human thoughts and actions: the higher the level of consciousness, the more responsible the soul is for its actions. Since goodness is a spiritual force, the absence of goodness indicates a temporary weakness of a person. The dynamics of the energy of good and evil is very well observed through the emotional component, as well as through the physical manifestation. At the level of the subtle plane, this is the transformation or degradation of human qualities in the form of oppositions: love or anger, humility or pride, generosity or greed, etc. At the level of the physical plane, there is a healthy state of the body in the case of a correct passage of a life situation, or the onset of some kind of disease is formed with an inappropriate expression of oneself.

If we consider the energy field of a person, then good strikingly and widely opens consciousness, dissolving negativity and pain around; and evil, on the contrary, increases the inner heaviness of the soul due to the rejection of the spiritual nature. But with an understanding of what is happening and the ability to manage the internal state, there is a gradual transition from one to the other. For example: if you go into a dark room and turn on a light bulb, it will illuminate the darkness. That is, the dark becomes light.

We can conclude that good and evil are inside each of us. It is a person who is able to control these energies and create a world around himself that will be close to his soul. After all, the way the outside world reacts to a person is nothing more than an attraction to their own kind. If you think badly, you attract the bad in this way. Love with all your heart, and the outside world responds with light.

The question arises: how do we learn to live in such a way that our inner and outer worlds are in harmony with each other and are filled with warmth?

In fact, it is enough to learn only one thing: to regulate your thoughts and emotions according to the degree of harmony.

God himself transmitted to mankind through the commandments of his prophets the criteria of this ideological idea: it is called "sins and virtues." Sins are the absolute minimum manifestation of human consciousness, and virtues are its absolute maximum. In fact, these are the facets of the Higher Self that are outside of man in the form of the Absolute and Ignorance. The most precise and comprehensive definition of sin is given in the New Testament: "sin is lawlessness" (1 John 3:4). Sin is a direct or indirect violation of religious precepts; an act of a person that harms himself or other people.

In contrast to sin, there is virtue, a positive moral trait of a person's character, determined by his actions and characterizing a person's ability to consciously and firmly follow goodness.

Sin is "evil", and virtue is, respectively, "good", which a person is able to commit consciously or unconsciously. Sin is a limit that cannot be exceeded; virtue is a quality that must be cultivated more and more every day. The energy spent on a good deed gradually returns in tripled amounts, warms a person from the inside and illuminates his path. It's a completely different matter regarding sins.

By committing sins, a person inflicts wounds on his soul. Therefore, a person, realizing responsibility for the sins committed, must fight them. According to the Holy Scriptures, there is no one "who lives and does not sin, and that no one is clean from filth, even if he lives one day on earth" (Job 14:4-5).

Hence, it is of paramount importance to study sins as taboos for the human soul.

Different religions have different views on the nature of human sinfulness (Table 1).

Sin is not just an offense: it is a whole interconnected system of cosmic energies that affect human spirituality through the penetration of evil into its interior, as a result of violating the law of the moral world order. A person, not observing God's will, pushes himself to a way of life that will root his inner morality as something more intimate than the idea of the Creator. Man is like a cell in the body of the planet, filling the Earth with his power, feeding on its energy in response; and if he breaks out of harmony due to committing sins, he will disturb the peace of his consciousness, which will automatically disrupt the harmony of consciousness of other people due to their constant interaction with each other. Thus, ignoring the commandments of the soul, a person not only blocks access to the light inside himself, which leads to the degradation of his personality, but also negatively affects the world around him in which he lives. It turns out that the essence of sin is to show a person the way to his own development by describing mistakes that do not need to be made. This is how the commandments teach us to be more pure and perfect inside and out.

This can be seen in the table.1. It can be seen that adherents of different religions observe certain canons that differ from the principles of other religions in greater severity, breadth or depth of sin. It is also possible to identify different attitudes towards faith in general, which is the highest essence of knowledge for each religion: somewhere it is faith in God, and somewhere it is faith in the power of the soul.

There is a commonality in this comparison picture: in every religion, the idea of creating sins / prohibitions is nothing more than a model for building a spiritual core within a person, on which steps will be built to save his soul in a global sense. Sins/prohibitions here, in a general sense, are human actions that occur as a result of a certain train of thought that arises under the influence of emotions that arise due to a person's unrestraintment of his own energy. That is, energy controls a person.

The question of the interference of cosmic energy within a person has long been of concern to various scientists, psychologists and philosophers: how does the Divine light enter a person, distribute itself inside him, affect his inner state, health, mood and well-being?

Many studies have been conducted that allow us to draw interesting conclusions about the relationship between human energy and faith, and one of them is the analysis of a person's aura as a result of observing/violating God's commandments.

The essence of the study was to compare the aura photo reports of different people (of different social status, health status, religion, feelings of happiness, etc.) using the aura camera device, which determined the color, saturation, density and size of the aura, as well as the openness and efficiency

of human energy centers. It has been observed that a person whose field is large and of pure saturated color is healthy, emotionally stable, self—confident and in a state of harmony.; and if the field was small, faded in color, with darkening in various areas, then the person was in a state of depression, ill, experiencing various difficulties and infringements. The relationship between the purity of color and the inner state of a person was taken as the basis for studying the nature of human energy as a degree of influence on his current life.

Brightness, intensity, and fullness of light are the most important parameters. Bright, shining colors carry a positive, harmonious meaning. Dark dirty shades of color in the field, on the contrary, speak about the emotional, mental and physical stress of a person.

Everyone has the opportunity to change the colors of their aura over time. The changes are primarily related to the mental and emotional plane. In order to evaluate the changes, you need to look at the color combinations, as well as the transformations within a certain color in each of the zones. The presence of darkening and holes in various areas of the aura indicates the failure of a particular chakra, which is responsible for filling the body with vital energy.

Chakras are subtle energy centers located in the places of the nerve plexuses and are responsible for receiving, storing and converting energy. We can say that the chakras are manifestations of nervous formations at the soul level in the human body, which are responsible for his mental perception. Physiologically, each chakra is connected to a specific nerve node and an endocrine gland. The chakras are located vertically along the spine, starting from its base and ending at the top of the head.

There are 7 main chakras in the subtle human body, where each corresponds to a stage of evolution and is responsible for the embodiment of certain spiritual qualities, after which the chakras begin to emit "vibrations", expressing the principles of Divinity in man. The movement of the chakras promotes the interaction of the physical body with the electromagnetic field of the Earth and the filling of the body with vitality from space.

Table 1. The representation of sin in world religions\*

| Характеристика       | Христианство  |  |  | Ислам  |   | Буддизм  |                                   |
|----------------------|---|--|--|--|---|--|-----------------------------------|
|                      | Православие   | Католицизм   | Протестантизм  | Суннизм  | Шиизм   | Хинаяна  | Махаяна                           |
| Определение греха    | извращение человеческого естества   | недостаток любви к Богу  | поступок, осуждаемый в Библии  | слабость человека перед шайтаном   |   | поступок, отягчающий карму человека  | отсутствие просветления у людей   |
| Классификация грехов | <ul style="list-style-type: none"> <li>• <b>Смертные грехи:</b> <ol style="list-style-type: none"> <li>1. гордыня;</li> <li>2. тщеславие;</li> <li>3. алчность;</li> <li>4. сладострастие;</li> <li>5. зависть;</li> <li>6. чревоугодие;</li> <li>7. гнев;</li> <li>8. уныние.</li> </ol> </li> <li>• <b>Грехи против Бога:</b> <ol style="list-style-type: none"> <li>1. неверие в Бога;</li> <li>2. нарушение заповедей;</li> <li>3. упование на Бога;</li> <li>4. неисполнение обетов Богу;</li> <li>5. непочитание Божьих праздников и др.</li> </ol> </li> <li>• <b>Грехи против ближнего:</b> <ol style="list-style-type: none"> <li>1. неумение прощать;</li> <li>2. избиение;</li> <li>3. аборт;</li> <li>4. проклинание;</li> <li>5. клевета и др.</li> </ol> </li> <li>• <b>Грехи против самого себя:</b> <ol style="list-style-type: none"> <li>1. ложь;</li> <li>2. праздность;</li> <li>3. раздражение;</li> <li>4. пьянство;</li> <li>5. азартные игры и др.</li> </ol> </li> </ul> | <ul style="list-style-type: none"> <li>• <b>Первородный грех:</b><br/>грехопадение Адама и Евы.</li> <li>• <b>Смертные грехи:</b> <ol style="list-style-type: none"> <li>1. гордыня;</li> <li>2. алчность;</li> <li>3. сладострастие;</li> <li>4. зависть;</li> <li>5. чревоугодие;</li> <li>6. гнев;</li> <li>7. уныние.</li> </ol> </li> <li>• <b>Социальные грехи:</b> <ol style="list-style-type: none"> <li>1. загрязнение природы;</li> <li>2. наркомания;</li> <li>3. эксперименты в генетике;</li> <li>4. чрезмерное богатство;</li> <li>5. принуждение к бедности;</li> <li>6. морально сомнительные эксперименты;</li> <li>7. увеличение имущественного расслоения.</li> </ol> </li> <li><b>Повседневные грехи.</b></li> </ul> | <ul style="list-style-type: none"> <li>• <b>Первородный грех:</b><br/>грехопадение Адама и Евы.</li> <li>• <b>Несоблюдение заповедей Божьих:</b> <ol style="list-style-type: none"> <li>1. Я — Господь Бог твой...</li> <li>2. Не делай себе кумира...</li> <li>3. Не произноси имени Господа, Бога твоего, напрасно...</li> <li>4. Помни день субботный...</li> <li>5. Почитай отца твоего и мать твою...</li> <li>6. Не убивай.</li> <li>7. Не прелюбодействуй.</li> <li>8. Не кради.</li> <li>9. Не произноси ложного свидетельства...</li> <li>10. Не желай жены ближнего твоего...</li> </ol> </li> </ul> | <ul style="list-style-type: none"> <li>• <b>Большие грехи:</b> <ul style="list-style-type: none"> <li>○ <b>Грехи сердца:</b> <ol style="list-style-type: none"> <li>1. многобожие;</li> <li>2. ослушание Аллаха;</li> <li>3. отчаяние;</li> <li>4. отсутствие боязни Аллаха.</li> </ol> </li> <li>○ <b>Грехи языка:</b> <ol style="list-style-type: none"> <li>1. лжесвидетельство;</li> <li>2. колдовство;</li> <li>3. клевета целомудренной женщины;</li> <li>4. ложная клятва.</li> </ol> </li> <li>○ <b>Грехи чревоугодия:</b> <ol style="list-style-type: none"> <li>1. пьянство;</li> <li>2. поедание имущества сироты.</li> </ol> </li> <li>○ <b>Грехи половых органов:</b> <ol style="list-style-type: none"> <li>1. прелюбодеяние;</li> <li>2. извращенные половые связи.</li> </ol> </li> <li>○ <b>Грехи рук:</b> <ol style="list-style-type: none"> <li>1. убийство;</li> <li>2. воровство.</li> </ol> </li> <li>○ <b>Грехи ног:</b> <ol style="list-style-type: none"> <li>1. бегство с поля боя во время наступления.</li> </ol> </li> <li>○ <b>Грехи человека:</b> <ol style="list-style-type: none"> <li>1. ростовщичество;</li> <li>2. непочтение родителей.</li> </ol> </li> </ul> </li> <li>• <b>Малые грехи.</b></li> </ul> | <ul style="list-style-type: none"> <li>• <b>Неблагие деяния тела:</b> <ol style="list-style-type: none"> <li>1. убийство;</li> <li>2. воровство;</li> <li>3. прелюбодеяние.</li> </ol> </li> <li>• <b>Неблагие деяния речи:</b> <ol style="list-style-type: none"> <li>1. ложь;</li> <li>2. сквернословие;</li> <li>3. злословие;</li> <li>4. пустословие.</li> </ol> </li> <li>• <b>Неблагие деяния ума:</b> <ol style="list-style-type: none"> <li>1. алчность;</li> <li>2. злонамеренность;</li> <li>3. приверженность ложным воззрениям.</li> </ol> </li> </ul> | <ul style="list-style-type: none"> <li>• <b>Неблагие деяния тела:</b> <ol style="list-style-type: none"> <li>1. убийство;</li> <li>2. воровство;</li> <li>3. прелюбодеяние.</li> </ol> </li> <li>• <b>Неблагие деяния речи:</b> <ol style="list-style-type: none"> <li>1. ложь;</li> <li>2. сквернословие;</li> <li>3. злословие;</li> <li>4. пустословие.</li> </ol> </li> <li>• <b>Неблагие деяния ума:</b> <ol style="list-style-type: none"> <li>1. алчность;</li> <li>2. злонамеренность;</li> <li>3. приверженность ложным воззрениям.</li> </ol> </li> <li>• <b>Негативные эмоции:</b> <ol style="list-style-type: none"> <li>1. гордость;</li> <li>2. гнев;</li> <li>3. привязанность;</li> <li>4. зависть;</li> <li>5. запутанность.</li> </ol> </li> </ul> |                                   |
| Самый тяжкий грех    | гордыня   | гордыня  | неверие в Иисуса Христа  | многобожие   |   | нестремление к самосовершенствованию   | отсутствие мудрости и сострадания |

\* - the main trends of world religions are considered, with the exception of smaller groups, teachings, trends, as well as regional and national religions (such as Confucianism, Hinduism, Taoism, etc.).

The study of a large number of reports made with the help of an aura camera helped to identify a general pattern: the darkening of the aura in the area of a particular chakra directly depends on the commission /imperfection of sin by a person. This observation allowed us to conclude that the color and size of the aura depend on a person's observance of God's commandments: the more righteous a person leads a life, the more pure and saturated the color of the aura, which builds up cosmic energy and, accordingly, increases in size due to this. If a person commits sins every day without repenting of them and without striving for spiritual growth, then this negatively affects his aura in the form of holes, darkenings and cracks that do not allow energy to flow smoothly and calmly. As a result of committing a sin, a person closes up and experiences stress, which is difficult to get out of on their own.

It turns out that sin is not just a kind of taboo for realizing closeness or remoteness from God; it is also an energy system that reflects the balance or imbalance of thoughts and emotions within a person at the current time.

Since different religions have different views on the classification of sins (tab.1), the study of the influence of the sinful nature of man on his energy was reduced to a system of the most serious sins, which are reflected in all branches of world religions, namely, the 7 deadly sins (prohibitions, emotions, actions):

- 1) pride;
- 2) envy;
- 3) despondency;
- 4) anger;
- 5) greed;
- 6) fornication;
- 7) gluttony.

Mortal sin is "Mortal" because, taking possession of a person's soul, it becomes dominant in him, hardens him with unrepentance, making him unable to accept grace. Grave sins deaden a person's love for God and others and destroy his spiritual life.

These sins are the primary source of evil within man, as the most powerful and significant phenomena encompassing the entire inner essence of human nature. It is on the basis of these sins that all other negative actions and evil thoughts are committed.

Experimentally, using the device, an attempt was made to display the relationship between sin and the flow of energy into a person by studying his energy centers. It was possible to consider the general principles of the dynamics of good and evil in the form of a spiral movement of energy, which either expanded at the base of the chakra or narrowed, depending on the aspect of the current event. If an event traumatized a person and he could not cope with himself (resentment against a neighbor, envy of a competitor, jealousy of half, condemnation of others, etc.), the energy significantly narrowed in one or another chakra and showed the degree of rejection of one or another part of himself. And vice versa: when accepting the situation, thanking for the lesson learned and giving love to those who could unwittingly inflict pain, there is a strong expansion of the aura at the energy center level. All this, again, repeats the duality of our world, as a soft and hard beginning that either develops or clamps us inside and out.

The number of sins committed and their severity depend on the level of awareness and the presence of an inner core. A person can depend on food, swear, feel anger, feel sorry for himself, and strive for pleasure. As a result, new deviations can occur on the spiritual, mental and emotional levels, which disrupt the entire human energy system. And when the energy system, as the totality of all subtle substances, is disrupted, there is an imbalance of matter: a person begins to get sick, his organs, tissues and cells are destroyed.

This is a direct link between the spiritual and the material: the stronger the rejection of God's commandments, the harder the process of energy flow on the physical level.

A distinctive feature of this reality is that one sin begets another. It's like a chain of causes and effects interconnected with each other by one particular emotion or thought. It turns out that if a person has one sick thought or wrong emotion, it will overlap with other thoughts and emotions, distorting the whole essence of things. That is, one distortion will generate many other distortions. Hence, it is possible that most of a person's sins are only the result of some major sin of this soul, such as failure to fulfill its mission and task before God.

But how do you define your soul's mission? How to identify the root cause of pain?

The study of scientific works by psychologists, the analysis of the causal relationship between the actions of different people, the study of the human biofield as an energy structure led to one important conclusion: the color of the aura allows you to identify the most serious sin that a person carries at the current time, as his spiritual task, which he has not yet completed. The rest of the sins are layers on top of this original sin, as a chain of consequences.

The aura reflects certain character traits, personality traits, and tasks. And the color itself is formed due to the highest concentration of a certain energy of a particular chakra. Since the chakras are located according to the level of natural spiritual growth, the level of sin is also determined by the degree of closure of a particular chakra. The higher the level of development of the soul, the more responsibility it will incur if it does not comply with God's laws. Also, the opposite is true: the lower the level of the soul, the less demand there is from it.

Let's take an example. A simple worker who has no idea of his spiritual role works at a construction site in order to earn a living. He doesn't think about what he doesn't know, but just works with his hands in order to feed his family. The lack of knowledge does not hinder him: he lives by what he has. This man may drink out of confusion, he may be sick, but it is unlikely that he will have pride and vanity compared to other workers, because he has some higher knowledge or experience.

Let's take an inventor now. He came up with a product that proved useful to people. He realized his idea through ambition and was able to sell this creation. A person does not live with thoughts of survival, he enjoys the fact that he was able to convey to people what someone else did not convey. It is unlikely that a person will drink from confusion and get sick from ignorance, but it is expected that this person can be proud of himself or gain experience of greed.

This is how individuality manifests itself through the color of the aura in a sinful environment.

The study of this phenomenon allowed us to systematize knowledge into a single scheme and impose the level of severity of sin on the energy of the chakras: it was established which sin is responsible for damage to a particular area of the aura, which later affects a complete change in the human energy field (Table 2). Since the chakras are the source of energy in the human body, they are responsible for the commission/non-commission of sin by man.

**Table 2. The manifestation of sin through human energy centers**

| <b>Энергоцентр</b> | <b>Грех</b>        |
|--------------------|--------------------|
| <b>Сахасрара</b>   | <b>гордыня</b>     |
| <b>Аджна</b>       | <b>зависть</b>     |
| <b>Вишудха</b>     | <b>уныние</b>      |
| <b>Анахата</b>     | <b>гнев</b>        |
| <b>Манипура</b>    | <b>алчность</b>    |
| <b>Свадхистана</b> | <b>блуд</b>        |
| <b>Муладхара</b>   | <b>чревоугодие</b> |

The listed sins were compared according to photographs of people's auras, as those negative features that are most pronounced when the chakras are compressed or blocked.

Let's look at these sins in more detail.

**1) Pride** is an excessive belief in one's own capabilities that contradicts the greatness of God. As you know, pride in Christianity is the sin that led to the fall of Lucifer.

Do not confuse pride and pride, which is an adequate sense of self-worth. Pride differs from simple pride in that a man blinded by pride boasts of his qualities before God, forgetting that he received them from him. This is the arrogance of a person, the belief that he can do everything on his own and achieve everything on his own. Pride pushes a person to rise above others, sincerely believing in his unsurpassability and uniqueness.

**2) Envy** – displeasure at the sight of someone else's happiness, love of luxury, hypocrisy and self-justification that arise when humiliating one's neighbor. Envy is a socio-psychological concept that encompasses a number of different forms of social behavior. Envy is considered to be related to despondency, but it differs in its subject matter. The main reason for envy in Christianity is considered to be pride — a proud person cannot tolerate anyone being his equal, and especially above him, and being well-off. Envy is born when the well-being of another begins and ends with the cessation of his well-being.

**3) Despondency** – being in a state of depression, which leads to denial of hope and longing.

Despondency is caused by a person's desire to abandon overcoming difficulties, a persistent unwillingness to make a strong-willed effort. The reasons may be: overwork, exhaustion of the body, waste of physical, energy and emotional resources. Despondency leads a person into a state of stagnation, which drains all his strength and emotions. A person becomes capable and sluggish.

It is traditionally regarded as a disadvantage, since it is believed that such a person is a freeloader of society due to his weakness of spirit.

**4) Anger** is a feeling of intense indignation and indignation.

Anger is a negatively colored affect directed against the injustice experienced, and accompanied by a desire to eliminate it. This is a feeling that arises when a person uses intimidation to force other people to do what they want. Unlike suffering, anger has a sthenic character (i.e., it causes an upsurge of vitality).

The causes of anger are the feeling of a physical or psychological obstacle on the way to a goal. It can be interference, rules, laws, or personal helplessness.

**5) Greed** – excessive desire for material enrichment, thirst for profit, rejection and disregard of spiritual principles.

The sin of greed has been called a mortal sin because it breeds evil and crime. There is only one kind of justifiable greed: an insatiable thirst for knowledge (Matthew 5-6).

The reason for greed is the spiritual hunger and thirst with which a person is born into the world. But instead of filling his soul with love, an avaricious person tries to stifle his dissatisfaction with material goods and riches.

**6) Fornication** is a passionate desire for carnal pleasures: sexual activity before marriage, adultery, a dissolute life, reading voluptuous books, conducting indecent conversations.

The perverse perception of intimate relationships in marriage and love, as such, has led to the public appearance of these intimate moments of life in the lowest and most immoral forms. The concept of love is smeared with dirt, falsehood and presented in a beautiful package in the form of a new modern style.

The reason for fornication is self-doubt, thirst for endless pleasure, lack of a core, pursuit of new sensations, fear of being violated and lonely.

**7) Gluttony** is the desire to consume more food than is required for the body.

Gluttony is a sin that forces us to take food and drink only for pleasure. This passion leads to the fact that man ceases to be a rational being and becomes like a beast without the gift of speech and understanding.

Gluttony ignites lust, because excess food contributes to this. Lust, on the other hand, leads to a fall, which is why it is so necessary for a person to be well armed against this passion. You can not give the womb as much as it asks for, but only what is necessary to maintain strength.

Thus, sin is a vice that must be eliminated. It is important to deal with your negative thoughts and attitudes, overcome bad habits and engage in self-development. In order for a person to understand which way to step, the Creator sent down spiritual qualities — virtues, as opposed to sins, for the ability to compare good and bad.

Studying the biofield of people allowed us to conclude that with the full openness of the chakras and the deep bright color of the aura, a person is in a state of harmony and peace, which are formed with a proper lifestyle, or more precisely, observance of religious canons. The more a person believes in the Divinity of our world and follows its commandments, the more calm and happy he is inside. All this leads to a gradual renewal of the layers of the aura, as a layer of incoming and outgoing information, which indicates a subtle relationship between virtues and cosmic energy.

If the color in the area of a particular chakra is pure and saturated, which at the same time has the right harmonious shape, the more strongly this or that virtue manifests itself in a person. It has been empirically determined that the color of the aura also helps to determine the most important virtue of a person. A certain color of the biofield can mean the highest degree of virtue that is manifested in a person at the moment.

This does not mean that there are no other virtues or positive qualities in a person: rather, it is the strongest side of the personality, through which energy is drawn for other spiritual qualities. For example, if a person has a loving heart, he can be prudent, open and kind.

A conclusion is brewing: with the help of an aura, one can identify not only a vice in the form of an unfulfilled spiritual task, but also a virtue that reflects a more trusting connection with God. If a person correctly understands the true essence of goodness, as light that goes through space and time; if a person correctly uses the resource of this goodness, as an inexhaustible source of Divine gift, then his inner transformation will be felt by other people at the energy level.

In fact, it turns out that a certain color of the aura indicates the manifestation of a certain type of energy. Since energy is fluid and consciousness is plastic, the environment of vice and virtue can change with the passage of time, as a person grows spiritually. And if a person's spiritual task changes, the color of his aura begins to change. This is how energy is connected and the manifestation of good with evil.

The shade of the aura, the saturation and depth of the glow means what kind of sin he has yet to overcome, or what kind of supreme virtue the soul is capable of manifesting. It turns out that a person faces a choice.: what should I do in this or that situation — "good" or "bad"? This repeats the duality of the universe, which gives everyone the opportunity to choose the path that is more comfortable. Choice is a sign of freedom. Therefore, everyone is free to fulfill their spiritual tasks either by showing good or expressing evil. This once again shows the depth of Christian teaching: only man is responsible for his actions, no one else, and only he bears his cross.

This is how the virtues that are most common in humans were identified as those that can have a beneficial effect on the full and stable functioning of energy centers (Table 3):

- 1) faith;
- 2) prudence;
- 3) hope;
- 4) love;
- 5) Generosity;
- 6) chastity;
- 7) Moderation.



**Table 3. Manifestation of virtue through human energy centers**

| Энергоцентр | Добродетель  |
|-------------|--------------|
| Сахасрара   | вера         |
| Аджна       | благоразумие |
| Вишудха     | надежда      |
| Анахата     | любовь       |
| Манипура    | щедрость     |
| Свадхистана | целомудрие   |
| Муладхара   | умеренность  |

Virtues were established as opposed to mortal sins:

- 1) pride ↔ faith;
- 2) envy ↔ prudence;
- 3) dependency ↔ hope;
- 4) anger ↔ love;
- 5) greed ↔ generosity;
- 6) fornication ↔ chastity;
- 7) gluttony ↔ moderation.

Consider these virtues.

**1) Faith** is the voluntary consent of the human will to accept Divine truth.

Faith completely transforms our previous view of the world, thinking, perception, and experience. Faith gives us the opportunity to overcome illusions, helps us to discern the root cause behind secondary causes. This is the grace that comes to man from above from God.

Faith allows a person to feel peace in a difficult moment and saturate him with energy when there is nowhere to take it. All this stimulates him to take action, which, as a result, generates work capacity and a love of life in a person.

**2) Prudence** — modesty of spirit, meekness. Prudence is a holistic perception of life, because situations and circumstances are an external reflection of the inner state of the human soul.

A person who has humility does not inappropriately draw attention to himself or his abilities. Prudence keeps us from boasting. Thanks to this, we don't annoy others and avoid embarrassing ourselves. A humble person listens to advice and accepts instruction.

Prudence is not cowardice or weakness. In fact, pride reflects weakness, while showing humility often requires courage and strength.

**3) Hope** is the force that constantly draws us to what we were originally meant for: to be in harmony with ourselves and the Lord God. Hope is absolute trust and understanding that everything will turn out the best for each of us. This inexhaustible goodness is a source of eternal optimism and a healthy attitude to what is happening. Accepting the whole reality helps to give warmth to the outside world, regardless of whether it accepts us or not. Hope represents the pursuit of happiness, which is an inspiration for right actions and actions. By hoping, a person protects himself from doubt and pain, thereby being at peace, regardless of the circumstances.

**4) Love** is the highest energy that inspires a person with Divine power. It is based on the transcendent and absolute goodness of the Creator, which is given to man. With the help of love, we are able to experience high and sincere feelings for our neighbors, as well as our enemies. Love is boundless and boundless to all things. Love is the basis and goal of all Divine manifestations. When experiencing love, a person, regardless of status, role and opportunities, strives to help another and

give him warmth. Love is the light and the beginning. Love doesn't need a reason, it just exists. A loving person is able to accept the wrongdoing of another, forgive him and work on his vices.

**5) Generosity** is a spiritual impulse that enriches both the one who receives benefits and the one who bestows them. A generous person tries to be simpler, more sincere and kinder so that no one feels offended and humiliated because they turned to him for help. He knows that through simplicity, ease of communication, courtesy and attentiveness, he will be able to give generosity to those who really need it, but are ashamed of it.

Generosity creates a sense of awareness and anonymity in a person: it is important for him that miracles happen around him, and the people around him do not lose their humanity.

**6) Chastity** is strict morality, mental and bodily integrity. It is characterized by the purity of the relationship between a man and a woman. In such a relationship, the purity of a man and the virginity of a woman are preserved. Upon marriage, it is accompanied by the fidelity of the spouses and their avoidance of debauchery and fornication.

In a broad sense, chastity is synonymous with perfection.: this is complete wisdom, soundness and strength of personality. A chaste person is, first of all, a person who respects the personality of the one he loves, and perceives love as a gift from God that he does not want to exchange.

**7) Moderation** is a sense of proportion and balance necessary for a harmonious human existence. It is characterized by the restriction of food intake, which serves as a source of energy replenishment, but not sweetness for humans.

The measure of abstinence is determined by conscience, which dictates whether a person has had enough food or not. Abstinence frees a person from servility to base passions and makes him strong-willed. It allows you to learn to overcome yourself, be resilient and not be afraid of difficulties when faced with harsh life circumstances.

The list of sins and virtues is formed according to the degree of the greatest severity / the greatest positive impact on the spiritual development of a person. In a practical way, with the help of an aura camera, it was possible to impose the correspondence of each sin/virtue to a particular chakra and identify their manifestation in life through the elaboration of certain moral and spiritual qualities (Table 4).

**Table 4. Manifestation of sin/virtue through human energy centers**

| Энергоцентр | Грех        | Добродетель  | Мера, разделяющая грех от добродетели |                   |
|-------------|-------------|--------------|---------------------------------------|-------------------|
|             |             |              | Моральное качество                    | Духовное качество |
| Сахасрара   | гордыня     | вера         | благодарение                          | благословение     |
| Аджна       | зависть     | благоразумие | принятие                              | смирение          |
| Вишудха     | уныние      | надежда      | самореализация                        | свобода           |
| Анахата     | гнев        | любовь       | прощение                              | жертвенность      |
| Манипура    | алчность    | щедрость     | воля                                  | ответственность   |
| Свадхистана | блуд        | целомудрие   | намерение                             | сознательность    |
| Муладхара   | чревоугодие | умеренность  | здоровье                              | честь             |

Each person goes through their own life path, which is usually divided into 7 evolutionary stages of development, starting from childhood and ending with adulthood. Over the years, there is a greater understanding of the world and new tasks arise in life. With the correct passage of the next stage, a person acquires new experience and gains wisdom. If God's commandments are followed, the color of the aura is uniformly transformed into a higher-level color. This indicates that over the

years, sin and virtue change to higher levels of consciousness. And when the aura becomes naturally white, it can be considered that the depravity of a person has been worked out to the maximum.

It should be noted that the number 7 was chosen for a reason when compiling the list of the most serious human sins and their antithesis — virtues. Seven is the number of religion, the number of sacraments that relate to the spiritual side of things. It all started with the creation of the world, which lasted 7 days.

Divine power manifests itself in nature as a 7-level system:

- network of days of the week;
- Seven octaves of music;
- Seven colors of the rainbow;
- Seven wonders of the world.


D. Mendeleev, after hundreds of attempts to create a single table, finally managed to arrange the chemical elements in a systematically correct order. And this was done over seven periods. There are seven sensory openings in the human head. Etc.

The seven was considered in many sciences and came to a more or less close to the truth version - the fundamental mathematics of the number 7 is connected with the microcosm, which exists according to the law of the macrocosm. Twist it or not, but the number 7 is sacred, and it was given to us from above, as a Divine essence.

Let's substantiate our assumption about the effect of committing sin/virtue on the functioning of the chakra, which, as a result, is able to change the size and color of a person's aura. In the table. Figure 5 shows the characteristics of the chakras in terms of energy.

**Table 5. Characteristics of human energy centers**

| Энергоцентры   | Расположение                 | Проявление энергии | Функция энергоцентра              | Гармоничные свойства энергоцентра              | Дисгармоничные свойства энергоцентра            |
|--|------------------------------|--------------------|-----------------------------------|--|---|
| Сахасрара<br>   | теменная область             | мудрость           | отвечает за духовную сторону      | осознанность, духовность, альтруизм            | подавленность, смущение, противоречивость       |
| Аджна<br>       | область межбровья            | интуиция           | отвечает за видение вещей         | интуиция, нравственность, ответственность      | навязчивость, недоверие, неустойчивость         |
| Вишудха<br>     | область горла                | самовыражение      | отвечает за обмен информацией     | общительность, заботливость, самостоятельность | замкнутость, резкость, лживость                 |
| Анахата<br>     | середина грудины             | чувственность      | отвечает за сердечные контакты    | открытость, искренность, сопереживание         | самоотречение, впечатлительность, неуверенность |
| Манипура<br>    | область солнечного сплетения | воля               | отвечает за социальную сферу      | интеллект, уверенность, оптимизм               | высокомерие, зависимость, напряженность         |
| Свадхистана<br> | поясничное сплетение         | эмоции             | отвечает за сексуальные отношения | сексуальность, чувственность, удовлетворение   | ревность, агрессия, одиночество                 |

|   |                        |               |  |  |   |
|---|------------------------|---------------|--|--|---|
| <b>Муладхара</b><br> | <b>область копчика</b> | <b>физика</b> | <b>отвечает за физическое здоровье</b> | <b>активность, физическая сила, выносливость</b> | <b>беспокойство, выживание, усталость</b> |
|---|------------------------|---------------|--|--|---|

Now, in Table 6, let's look at the main characteristics of sins/virtues.

**Table 6. Characteristics of sins/virtues in man**

| <b>№</b> | <b>Грех/добродетель</b>     | <b>Проявление греха/добродетели</b> | <b>Потребность человека, совершающего грех/добродетель</b> | <b>Орган, реализующий грех/добродетель</b> |
|----------|-----------------------------|-------------------------------------|--|--|
| 1        | гордыня/<br>вера            | через знание                        | духовность   | голова                                     |
| 2        | зависть/<br>благоразумие    | через видение                       | свобода  | голова                                     |
| 3        | уныние/<br>надежда          | через открытость                    | самовыражение  | горло                                      |
| 4        | гнев/<br>любовь             | через отношения                     | чувства  | сердце                                     |
| 5        | алчность/<br>щедрость       | через статус                        | признание  | грудь                                      |
| 6        | блуд/<br>целомудрие         | через страсть                       | эмоции   | пах  |
| 7        | чревоугодие/<br>умеренность | через волю                          | сила   | кишечник                                   |

The relationship of related characteristics is visible in the tables.:

- 1) the energy of wisdom passes through the crown, is responsible for the spiritual side with the help of knowledge that regulates the acceptance of truth;
- 2) the energy of intuition passes through the interbrow, is responsible for understanding things with the help of vision, which regulates inner freedom;
- 3) the energy of self-expression passes through the throat, is responsible for the exchange of information through openness, regulating the attitude towards others;
- 4) the energy of sensuality passes through the chest, is responsible for heart contacts through relationships that regulate feelings;
- 5) the energy of the will passes through the solar plexus, is responsible for the social sphere with the help of status, which regulates the craving for wealth;
- 6) the energy of emotions passes through the lower back, is responsible for sexual relations with the help of passion, which regulates the desire for intimacy;
- 7) the energy of physics passes through the coccyx, is responsible for physical health with the help of the will, which regulates food intake.

Thus, the 7 deadly sins/virtues are very clearly superimposed on the human chakras (Fig. 1):



**Fig.1. The manifestation of sin/virtue through the chakras**

To understand the relationship between the color of the aura and the purity of the chakra, consider an example. Let's say we're looking at a man with an orange aura. This suggests that the energy of sensuality is most pronounced in the 2nd chakra. This means that a person can be emotional, creative, but also touchy and dependent on others. All this leads to the search for pleasure or peace as some kind of meaning in life. This is how sin and virtue manifest themselves at this stage of life in this particular person. And the main task for him now is to choose a path and follow it for further growth — either to lose himself in passion or to be restrained in emotions.

Let's now consider a person with a purple aura. The color signals the strong openness of the 7th chakra, which is responsible for wisdom. When living harmoniously, a person believes, accepts and has compassion. But in the case of an imbalance, the same person can become proud and arrogant. Again, it is a manifestation of sin and virtue. And only a person can decide who to be when solving a particular life task: to become accepting and compassionate, or proud and arrogant? Our practical experience in analyzing photos of various people is supported theoretically on the basis of religion, psychology and esotericism, which indicates the correctness and importance of the research question.

The chakras are associated with special properties of human behavior, positive and negative character traits, as well as various abilities. The chakras, through pumping the body with energy, regulate physical and emotional processes in the body: when energy does not flow harmoniously due to blocking or excessive openness of any chakra, this leads to a violation of the balance of metabolism and psychological breakdown of a person. Therefore, energy centers have a strong effect on the general human condition.

It turns out that the chakras are not only a conductor of energy, but also influence a person's actions, reflecting his good or evil intentions, which depend on whether the chakras are in a balanced or disharmonious state.

From this we can draw the main conclusion: energy centers are a source of good and evil at the same time. Moreover, good is born in the chakra when it is open and balanced; evil appears at the moment when the chakra is clamped and disharmonious.

From this we can draw the main conclusion: energy centers are a source of good and evil at the same time. Moreover, good is born in the chakra when it is open and balanced; evil appears at the moment when the chakra is clamped and disharmonious.

But what is more true: does an imbalance of the chakra lead to the commission of sins, or do sins block the chakras? Does active rotation of the chakra create virtue or does virtue increase the size of the chakras?

In fact, everything is interconnected. "Man is a mortal God, and God is an immortal man" (Hermes Trismegistus). As mentioned above, sins are the absolute minimum manifestation of human consciousness, and virtues are its absolute maximum. And since the macrocosm and the microcosm are an integral system, it does not matter what is the primary reason for this issue. This is the same energy, which, if I may say so, manifests itself from different sides: religious and esoteric.

Therefore, if a person wants to maintain inner harmony and follow the true path, it is necessary not to commit mortal sins, developing virtues at the same time; that is, the maximum openness and incredible tightness of our energy centers directly depend on the sins and virtues committed. If we follow the law of God, then the chakras will be in an active and healthy state, which will have a positive effect on well-being and the surrounding environment.

Man himself controls the cosmic force that is inside him. Through his thoughts, desires and actions, earthly affairs are accomplished, for which only he is responsible.

We're all not perfect. But this does not give us the right to relax, losing our thoughts in the sins of the crowd, because our fate depends only on us. "Sin is not terrible, but shamelessness after sin" (John Chrysostom). And if we treat our own soul recklessly, skeptically ignoring God's commandments, then our energy system will malfunction, which will damage our health, success and well-being; after all, the chakras are evidence of a person's maximum potential, which shows how a person can transcend their individual limitations at the level of existence in this world. Thus, the chakras determine the path that each person must follow in order to realize their full potential laid down by their Spirit. In a sense, they represent a blueprint or a guide for opening the mind at all levels of life.

Mortal sins are not a prohibition created for the sake of embellishment, but an auxiliary guideline for the development of virtues that help a person to improve himself, which is the most important mission of each of us.

People have a great value — freedom of choice. And if a person does not limit himself to insecurity in the fight against sins and is able to make a choice towards spiritual development, then he will become an enlightened person and reveal the meaning of life, in which a person dissolves and merges into a single whole with a Higher Mind.

That is why the concepts of "good" and "evil" were conceived by the Divine power: only this contrast allows a person to quickly and accurately determine how close he has come to inner harmony while in the physical world, and how much he still has to go on the path of his own self-development.

