

We are being controlled... Astral entities?

A strange phenomenon is often observed: a successful healthy person, radiating happiness and love, suddenly changes his behavior, turning into an aggressive, moody, contradictory type who suffers from insomnia, begins to get sick and is haunted by failures... It can be the fruit of stress... Or the consequences of a quarrel with a loved one... Or the effect of a cold accidentally caught in transport... Or maybe it's the result of sharply increased inflation?.. Or the result of the loss of your favorite football team? Or is this the beginning of a "black streak" in life? How are these events interconnected? Why is it that at the moment when everything was fine, the spiritual world of a person collapses dramatically, which negatively affects the people around them?

The metaphysical plan

Sometimes the causes of problems, illnesses, and bad moods need to be studied not on a physical level, but on a metaphysical one, since it is in the human subconscious that the answers to our questions lie. That's what we're going to do.

So, it is known that the human body has two levels: physical and energetic. The physical is our body. The energy body is a set of seven subtle bodies strung on the physical body, namely: 1. etheric (a copy of the physical body); 2. astral (body of emotions); 3. mental (body of thoughts); 4. karmic (body of fate); 5. intuitive (body of ideas); 6. heavenly (the body of high senses); 7. Kether (the body of connection with the higher mind).

If there is a violation of the physical body, it affects the subtle bodies, and vice versa. That is, the physical body and the seven subtle bodies are interconnected.

For example, a person gets sick. The disease subsequently affects a person's emotions, affects his thoughts, and may affect his future fate... Therefore, the aura of a person changes at the time of illness, etc. The most vulnerable level of the body, I believe, is the astral. After all, it is human emotions that are the first factor affecting the human condition as a whole.

Offended by our soulmate, we mentally scold him and ourselves, fall into depression, which then causes negativity not only at home, but also at work; all this interferes with creative self-expression and spiritual development. That is, a person freezes for a moment and cannot move forward. And this will be the first blow to the psyche.

Then comes the second blow. Let's say there's a long queue at the store. Overwrought people transmit to each other a chain of evil emotions that leave their mark on the subtle world of man for a while.

And so, indefinitely, there is a series of blows to the human astral body.

If a person is vulnerable, sensitive, cannot cope with emotions, takes everything to heart and does nothing to protect themselves from external negativity, they may appear at this moment...

Astral entities

Astral entities are astral beings with primitive consciousness and no physical body. They look like clumps of energy in the shape of a ball. This is a kind of substance, not very large, having an "eye" and a "proboscis" that allow you to look for a "victim" - the person most susceptible to their invasion. The mission of the astral entity is to feed itself with human energy. It's like a tick, a mosquito that lives off the victim's blood. The entity moves through the astral plane and seeks out a person who is sick or weakened in order to "connect" to him in a dream and "drain" some of his energy. An insensitive person will not even think that they can be bullied, while an empath will feel an alien invasion.

Signs of an entity invasion

1. Sleep paralysis (inability to move your body after waking up, including opening your eyes and saying something);
2. chills, body coldness (especially in the extremities - feet, palms);
3. an unexpected feeling of fear or panic;
4. listening to outside "voices" inside yourself;
5. the feeling that someone is looking at you and is nearby, although there is no one nearby.;
6. Loss of strength.

This is how you can recognize 100% non-interference during sleep.

What is the purpose of the entity?

As we found out, they have one goal - to "eat" human energy. But the essence is not for every person. She chooses people who are weak in body because they are not able to resist her invasion. The essence bypasses healthy people: firstly, it will not be able to penetrate the protective layer of the aura of such a person; secondly, it will waste its energy, and it really does not have that much. Therefore, she is looking for those to whom she can quietly refresh herself or even finally settle down for a long time.

In general, entities appear where there is negativity. Therefore, they are sometimes called "negami". There must be a reason for the entity to come: a life problem, an unresolved situation, negative thoughts, resentments, quarrels, depression. And preferably a mess at home, dirt and the presence of a large number of dark corners where she will live. These are ideal conditions for an alien astral cluster to live in a house. By connecting to the human body, the entity not only takes away some of its energy, but also negatively affects the thoughts, actions and behavior of a person.

There are two types of entities: own and shared. Their own are born due to negative thoughts, self-doubt, anger, resentment, self-abasement, envy, bad habits (for example, alcohol), etc. The hooked ones are entities that came from outside at a time when a person was stressed or in shock. If you get rid of your own essence

The life of a person who is under its influence

By affecting the subtle body, the essence greatly influences a person's behavior and thoughts. There are a number of traits that can be used to determine that an astral entity is probably sitting on you somewhere, namely this:

1. pessimism, depression, disappointment, longing in the soul;
2. heavy thoughts, headache;
3. internal devastation, loss of strength;
4. failures in personal life, at work, and in school;
5. frequent conflicts, showdowns in society;

6. Frequent illnesses ranging from mild colds to tumors;
7. a series of irritable situations and circumstances that strain and unbalance;
8. Constant NEGATIVITY.

These factors cause negative emotions in a person, and he becomes more vulnerable to external negative influences. Therefore, the essence can destroy a person, drive him crazy, and push him to suicide. After all, IT creates negative situations in a person, IT imposes negative thoughts on a person, it destroys the human psyche, it harms his health, happiness and success.

How does this happen?

Basically, the essence is powered by energy during sleep, when the human body is as relaxed as possible and it is filled with Divine prana. It is much less common for an entity to connect to a person when they are awake, because they are afraid of being noticed. The main principle is as follows: inconspicuousness. Hence their choice in favor of the night.

Approaching a person, the entity thrusts its "proboscis", which, like a needle, pierces the astral body and pumps out the person's life force, like juice from a tube.

Favorite places affected by the essence are the area between the eyebrows, the heart chakra, the solar plexus area, the spinal cord area, and the feet.

Having had his fill, neg hides in a far dark corner, where they won't even look for him. And he will live there as long as he wants. He can stay for life. His desire is to undermine the order in the house, to destroy peace and comfort, constantly pushing the household against each other and inciting a stream of dirty energy on them. As soon as he wants to "eat", he again "connects" to the victim or even several victims and feeds himself doubly.

How do you know that an entity lives at home?

In such a house, chaos is going on, constant quarrels occur, everyone is responsible for themselves. Being in such a zone makes it uncomfortable and difficult for outsiders. Small animals don't live long. There is a peculiar strange smell, hitherto absent here. This apartment is being negatively treated: a thief may enter here, spontaneous combustion may occur, furniture may move by itself, cold may be felt and there may be a feeling that someone else is at home.

Signs of an "infected" human genome

It's good if everything is in order at home. And if being at home with your family or friends causes a feeling of negativity? It turns out that they have an essence? For a more accurate answer to this question, we will determine the signs of human behavior after a foreign substance is introduced into the subtle body. If all of them correspond to the behavior of your friend, it means that he is being attacked by entities.

1. aggression;
2. self-confidence;
3. ambition;
4. excessive emotionality;

5. Anger;
6. Skepticism;
7. touchiness;
8. Conflict;
9. imposing your thoughts on others;
10. the desire to control the masses;
11. the requirement of attention to one's own person.

If we exclude the coincidence of the difficult character of an ordinary person with a person who is "infected" with negativity, and consider the features of only those people who live in a house with a negative environment, then the above points will allow us to determine the presence / absence of essence in the human body.

Preventive measures

In order not to pick up the essence from another person or attract it from the outside by accident, it is necessary to:

1. avoid a place with a negative environment;
2. try to minimize communication with those people who have an essence.;
3. Lead a healthy lifestyle;
4. get rid of bad habits;
5. Think optimistically.;
6. Work on your shortcomings.

Ways to get rid of the essence

A. Independently:

1. drop the fear of the entity (this is the most important point: the entity is afraid of those who are not afraid of it);
2. Think only of the good, even in the most difficult moments.;
3. Be cheerful and optimistic.;
4. Say prayers or meditate.;
5. Get rid of bad habits;

6. try to cleanse your mind and soul through remorse, apologies to people who might have been hurt, etc.;
7. wash your apartment more often and wash your clothes, take a contrast shower every evening;
8. Eat more fruits and vegetables, drink at least a liter of mineral water a day (preferably holy water);
9. clean the apartment with a church candle, especially the dark corners (if the candle burns with a black flame, burn out this area until the blackness disappears);
10. Try not to conflict with anyone, keep your emotions under control.;
11. Keep your mind clear in those moments when the entity begins to impose negative thoughts on you.;
12. assemble your "I" into a single assemblage point and mentally place a protective "white" light around your body.;
13. smile, love yourself and the world around you (this completely discourages the essence and pushes it away from you);
14. remind yourself that the entity is much weaker than you (it has no body, it has a weak mind, unlike a human, and it also feeds on human strength);
15. turn on pleasant melodious music - chanting, mantras, meditations are better; in general, you can listen to everything except heavy rock (the essence loves silence and silence, and light light music makes it leave the apartment, because it disturbs its peace);
16. get rid of the habit of watching TV (a person enters a light trance, and the entity at this moment can "take away" some of the energy);
17. a slightly strange point, compared to the others, but also valid: do not believe in the essence, think that it does not exist.

B. With the help of a specialist:

1. go to church as often as possible and seek help from a priest who can extract the essence (for example, Archimandrite Herman from the Holy Trinity Sergius Lavra in Sergiev Posad);
2. Visit an exorcist/psychic.

Conclusions

As we found out, the essence destroys a person's life and takes away their energy, which can lead a person to complete exhaustion.

The essence must be fought. The most effective way to fight is to have no fear of the entity and a positive attitude.

Despite the fact that the activity of the entity is terrible, causes disgust and fear, because it is a human parasite, the entity performs a protective function of the Universe: it forces a person to change for the better, stimulates him to self-improvement, eliminates bad habits and shortcomings.

If there were no essence, a person would hardly think about any of his negative traits. More precisely, he would have thought about it. But he would not have felt them as deeply as the essence helped him in this. Therefore, it is not necessary to hold evil and hatred against negroes if their influence suddenly becomes obvious, since they come at the moment when a person attracts them himself. And he attracts them in order for them to help change life for the better, after a complete change in consciousness as a result of a series of negativity.

So change, change, and change for the better again.

Smile and think about the good things. And everything will definitely be fine!

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